

# 12 Pieces to Refresh Your Work-From-Home Space

Is your home office (or makeshift office space) feeling a bit uninspired? Then consider these recommendations.

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## Humanscale World One Task Chair

Whether you have a full-fledged home office or are working from your kitchen counter, the one thing that's an absolute non-negotiable is a good chair — and it doesn't get much better than this one from Humanscale. "Choosing the right office chair is of the utmost importance, especially since a bad chair could negatively impact your posture and your overall sense of well-being," notes Stacy Steffen, an ergonomic expert for the brand. An ergonomic chair, which is designed to match the natural curvature of your back and facilitate optimal posture, comfort, and support, can reduce the risks of poor circulation, long-term back issues, and neck strains, making it an excellent option for anyone sitting for a long period of time. "Like all Humanscale chairs, World One's design eliminates the need for traditional knobs and levers by using the laws of physics and the sitter's body weight to offer a perfect recline to encourage movement, providing the most comfortable chair available," Steffen says. "In short, the chair moves with you and fully supports you throughout your day."